

# SUPERVISION TRAINING - ONLINE

This half day online, experiential course is for professionals who supervise The Centre for Emotional Health trained Parent Group Leaders who deliver the Nurturing Programme to parents and carers. It is ideal for those who are new to supervision as well as those who would welcome extra ideas and structure to enhance what they are already doing. The training is appropriate for supervisors who are already The Centre for Emotional Health trained and for those who aren't.

## LEARNING OUTCOMES

- ✓ Identify what we mean by supervision, and how it can encourage effective delivery of the programme
- ✓ Consider the educative, managerial and supportive functions of supervision and how to achieve an appropriate balance between these
- ✓ Consider how to create a structure and contract for supervision
- ✓ Identify the pressures and expectations on practitioners from parents/carers, from the wider system and from practitioners themselves, and how to respond to these using the building blocks of the Nurturing Programme
- ✓ Gain increased knowledge of the Nurturing Programme and practice a range of supervision strategies and interventions
- ✓ Share some ideas and thoughts and have some fun with colleagues



### BOOK TRAINING:

#### **£45 per person**

Contact [online training calendar](#) to book your place.

#### **£790 in-house team training**

For a group of up to 20 people online. To find out more or to discuss booking a team training, please [get in touch](#).

Prices applicable to training courses delivered on the UK mainland.