

# Internet Safety

Keeping children safe online matters; start to introduce the subject of internet safety as soon as your child starts to use any internet-connected device and keep having regular chats. Below is a range of useful websites for families regarding the subject of Internet Safety and keeping children and young people safe when using the internet and social media.

## ceop.police.uk

This comprehensive site (Child Exploitation and Online Protection Centre) gives guidance to all on Internet Safety.

#### www.thinkuknow.co.uk

A website for parents and carers, children and young people, as well as professionals working with children and young people. Provides a range of training including FREE introductory training for professionals working with children and young people

#### www.saferinternet.org.uk

Provides information for parents, carers, young people and professionals. Also provides a helpline, supporting those with concerns about cyberbullying as well as safety online. Helpline: 0844 3814772 Monday to Friday, 10am to 4pm. The Helpline can be emailed at any time, helpline@ saferinternet.org.uk

## www.internetmatters.org

Provides advice on simple things parents can do to help keep children safe online, depending on the age of the child

## www.childnet.com

Offers fun film clips and stories to support talking with younger children about safety online, as well as resources for older children, parents and teachers

## www.bbc.com/ownit

Good general website for children to find out more about E safety using interactive games and activities

#### www.nspcc.org.uk

Charity specialising in child protection and the prevention of cruelty to children. The site includes lots of useful resources, tips and clips.

## www.askaboutgames.com

An advisory website for parents and teachers, specifically about video gaming.

*Please note: The Centre for Emotional Health is not aware of the full content of these websites and has no direct links to any of them. The details are for information.*