Steps for Negotiating

1	Work out that there is a difference of opinion
2	Invite the other person to give their point of view
3	Reflect the other person's view back to make sure you have really understood it
4	Give your point of view
5	Ask the other person to reflect back your point of view, to make sure they have understood it
6	Offer a compromise that takes both views into account
7	If your compromise isn't acceptable, invite the other person to suggest one
8	Continue to negotiate until a compromise is agreed