



Family Links

**The Nurturing Programme
Parent Group Leader Training (Teams)
4 days**

The Nurturing Programme is a structured 10 week programme promoting emotional health, relationship skills and positive behaviour management strategies for parents/carers. Family Links 4-day training equips practitioners to work effectively with parents in one-to-one client work and to facilitate parent groups. Practitioners trained by Family Links are eligible to deliver the Nurturing Programme for parent groups.

Nurturing Programme Features:

The Nurturing Programme encourages an approach to relationships that gives children and parents an emotionally healthy springboard for their lives and their learning.

- Promotes emotional literacy and emotional health.
- Enhances self-esteem, self-awareness and empathy.
- Develops communication and relationship skills.
- Provides effective strategies to encourage co-operative, responsible behaviour and manage challenging behaviour in children.

The Training Promotes:

- ✓ Personal and professional reflection.
- ✓ Facilitative and empathic work to increase confidence and skills in parents and families
- ✓ Knowledge and confidence in the use of the Nurturing Programme
- ✓ A partnership approach to work with parents
- ✓ Consistency of practice amongst all professionals and also team and multi-agency work

Nurturing Programme Quality:

The Nurturing Programme is psychologically and theoretically robust. It has gained top possible marks in the Commissioning Toolkit for Parenting Programmes. It is mapped against National Occupational Standards for Work with Parents. A Randomised Control Trial is under way. Open College Network accreditation at level 1 and 2 is available for parents. City and Guilds Work With Parents level 3 accreditation is available for practitioners.

Successful trainees will be recognised Family Links Parent Group Leaders (PGLs)

“The course exceeded my expectations, found the 4 days very stimulating and refreshing. Left feeling enthused and motivated, wanting to put what I’d learned into action. Feel it has increased my knowledge and given me new skills.”

“It is the best professional training I have completed on parenting in 27 years experience.”

For further information please contact Family Links on 01865 401800 or info@familylinks.org.uk