



Family Links

The Nurturing Programme Parent Group Leader Training (Individuals) 4 days

The Nurturing Programme is a structured 10 week programme promoting emotional health, relationship skills and positive behaviour management strategies for parents/carers. Family Links 4-day training equips practitioners to work effectively with parents in one-to-one client work and to facilitate parent groups. Practitioners trained by Family Links are eligible to deliver the Nurturing Programme for parent groups.

Nurturing Programme Features:

The Nurturing Programme encourages an approach to relationships that gives children and parents an emotionally healthy springboard for their lives and their learning.

- Promotes emotional literacy and emotional health.
- Enhances self-esteem, self-awareness and empathy.
- Develops communication and relationship skills.
- Provides effective strategies to encourage co-operative, responsible behaviour and manage challenging behaviour in children.

The Training Promotes:

- ✓ Personal and professional reflection.
- ✓ Facilitative and empathic work to increase confidence and skills in parents and families
- ✓ Knowledge and confidence in the use of the Nurturing Programme
- ✓ A partnership approach to work with parents
- ✓ Consistency of practice amongst all professionals and also team and multi-agency work

Nurturing Programme Quality:

The Nurturing Programme is psychologically and theoretically robust. It has gained top possible marks in the Commissioning Toolkit for Parenting Programmes. It is mapped against National Occupational Standards for Work with Parents. A Randomised Control Trial is under way. Open College Network accreditation at level 1 and 2 is available for parents. City and Guilds Work With Parents level 3 accreditation is available for practitioners.

Successful trainees will be recognised Family Links Parent Group Leaders (PGLs)

“It has been a privilege to attend this excellently facilitated course. The experiential learning has been particularly powerful and will undoubtedly influence my future work with both parents and children”

“I can honestly say – above any form of parenting training I have been involved in or any other learning I have gained, the Nurturing Programme has by far been the most valuable source of parent and professional guidance I have to date been fortunate to be part of. I have been taught so many life and professional skills – I will be forever grateful. Thank you!”

For further information please contact Family Links on 01865 401800 or info@familylinks.org.uk