



## *Family Links*

### **The Nurturing Programme Getting It Right With Families Training (Teams) 2 days**

Family Links two-day training promotes a consistent approach to positive behaviour management and equips staff to work effectively with parents and children on a one-to-one basis or in settings such as children's centres.

#### **Nurturing Programme Features:**

The Nurturing Programme encourages an approach to relationships that gives children and parents an emotionally healthy springboard for their lives and their learning.

- Promotes emotional literacy and emotional health.
- Enhances self-esteem, self-awareness and empathy.
- Develops communication and relationship skills.
- Provides effective strategies to encourage co-operative, responsible behaviour and manage challenging behaviour in children.

#### **The Training Promotes:**

- ✓ Personal and professional reflection.
- ✓ Knowledge of how to improve parents' self-esteem, confidence and skills to encourage positive behaviour in children
- ✓ Skills in one-to-one mentoring to develop trust and build relationships with parents
- ✓ A partnership approach to work with parents
- ✓ Consistency of practice amongst all professionals and also team and multi-agency work

#### **The Parenting Puzzle:**

Each person attending the training is given a copy of *The Parenting Puzzle* book. This book is an illustrated and easy-to-use guide through the Nurturing Programme presented in a friendly, informal way. It is a valuable tool for professionals supporting families in one-to-one work, and encourages parents and carers to enjoy bringing up children and get the best out of family life.

*"The course has been very good. Well run, everyone was included and enabled to join in.  
Well presented and above all practical and useful."*

*"Fantastic course, would recommend every person working with children and families attend"*

**For further information please contact Family Links on 01865 401800 or [info@familylinks.org.uk](mailto:info@familylinks.org.uk)**