



Family Links

Great books for parents

Three shoes, one sock and no hairbrush: everything you need to know about having your second child - Rebecca Abrams [Cassell & Co 2001]

Seeing red and feeling blue: the new understanding of mood and emotion - Susan Aldridge [Century 2000]

Raising boys - Steve Biddulph [Thorsons 1997]

The power of empathy - Arthur Ciaramicoli and Katherine Ketcham [Piaktus 2000]

Emotions Revealed: Recognising Faces and Feelings to Improve

Communication and Emotional Life - Paul Ekman [Owl Books 2007]

How to talk so kids will listen and listen so kids will talk - Adele Faber and Elaine Mazlish [Piccadilly Books 2001]

Siblings without rivalry - Adele Faber and Elaine Mazlish [Piccadilly Books 1999]

Why love matters: how affection shapes a baby's brain - Sue Gerhardt [Brunner-Routledge 2004]

Emotional Intelligence - Daniel Goleman [Bloomsbury 1996]

Working with Emotional Intelligence - Daniel Goleman [Bloomsbury 1999]

The heart of parenting: how to raise an emotionally healthy child - John Gottman with Joan Declaire [Bloomsbury 1997]

Emotional Confidence: simple steps to managing your feelings - Gael Lindenfield [HarperCollins 2000]

Child development from birth to eight - Jennie Lindon [National Children's Bureau 1996]

Growing up: from eight years to young adulthood - Jennie Lindon [National Children's Bureau 1996]

Making It Better for Boys in Schools, Families and Communities - Ali McClure [Network Continuum Education 2008]

For your own good: the roots of violence in child-rearing - Alice Miller [Virago Press 1987]

Blame my Brain - Nicola Morgan [Walker Books Ltd 2007]

Toxic Childhood: How The Modern World Is Damaging Our Children And What We Can Do About It - Sue Palmer [Orion 2007]

Teenagers!: What Every Parent Has to Know - Rob Parsons [Hodder & Stoughton 2007]

Rogers on personal power; inner strength and its revolutionary impact - Carl Rogers [Constable 1978]

How to understand the secret language of children - Dr Lawrence E Shapiro [Simon & Schuster 2003]

Families and how to survive them - Robin Skynner and John Cleese [Vermilion 1993]

Life and how to survive it - Robin Skynner and John Cleese [Hutchinson 1996]

Revolution from within: a book of self-esteem - Gloria Steinem [Bloomsbury 1992]

Achieving emotional literacy - Claude Steiner [Bloomsbury 1999]

Difficult conversations: how to discuss what matters most - Douglas Stone [Viking Penguin 1999]